

CHAPTER-13: OSCILLATIONS

Part-1: Simple Harmonic Motion (SHM) – Basic Formulae

1. Periodic Motion

A motion which repeats itself after equal intervals of time is called **Periodic Motion**.

2. Oscillatory Motion

A body moving to and fro about its mean position repeatedly is said to perform **Oscillatory Motion**.

3. Simple Harmonic Motion (SHM)

A motion in which the restoring force (or acceleration) is directly proportional to the displacement from the mean position and always directed towards the mean position. Mathematically,

$$F \propto -x$$

Or

$$F = -kx$$

4. Restoring Force

According to Hooke's Law,

$$F = -kx$$

Where

- k = Force Constant
 - x = Displacement
-

5. Acceleration in SHM

Using Newton's Second Law,

$$a = -\omega^2 x$$

This is the **fundamental equation of SHM**.

6. Displacement Equation

$$x = A \sin(\omega t + \phi)$$

Or

$$x = A \cos(\omega t + \phi)$$

Where

- A = Amplitude
 - ω = Angular Frequency
 - ϕ = Initial Phase
-

7. Amplitude

Maximum displacement from the mean position.

Symbol: A

8. Angular Frequency

$$\omega = \frac{2\pi}{T}$$

Also,

$$\omega = 2\pi f$$

Unit: rad/s

9. Time Period

Time taken for one complete oscillation.

$$T = \frac{2\pi}{\omega}$$

Unit: second

10. Frequency

Number of oscillations per second.

$$f = \frac{1}{T}$$

Unit: Hertz(Hz)

11. Phase

Phase at any instant

$$\theta = \omega t + \phi$$

12. Relation between Frequency and Angular Frequency

$$\omega = 2\pi f$$

Part–2 : Velocity • Energy • Spring–Mass System • Simple Pendulum

13. Velocity in SHM

Velocity is the rate of change of displacement.

$$v = \omega \sqrt{A^2 - x^2}$$

Also,

$$v = \pm \omega \sqrt{A^2 - x^2}$$

14. Maximum Velocity

At Mean Position ($x = 0$)

$$v_{\max} = A\omega$$

15. Acceleration in SHM

$$a = -\omega^2 x$$

16. Maximum Acceleration

At Extreme Position

$$a_{\max} = A\omega^2$$

17. Kinetic Energy in SHM

$$KE = \frac{1}{2} m\omega^2 (A^2 - x^2)$$

18. Potential Energy in SHM

$$PE = \frac{1}{2} m\omega^2 x^2$$

19. Total Energy

Total Mechanical Energy remains constant.

$$E = \frac{1}{2} m\omega^2 A^2$$

Also,

$$E = KE + PE$$

20. Spring–Mass System

Time Period

$$T = 2\pi \sqrt{\frac{m}{k}}$$

Angular Frequency

$$\omega = \sqrt{\frac{k}{m}}$$

Frequency

$$f = \frac{1}{2\pi} \sqrt{\frac{k}{m}}$$

21. Simple Pendulum

Time Period

$$T = 2\pi \sqrt{\frac{L}{g}}$$

Frequency

$$f = \frac{1}{2\pi} \sqrt{\frac{g}{L}}$$

22. Conditions for Simple Pendulum Formula

The formula $T = 2\pi \sqrt{\frac{L}{g}}$

is valid only if

- Oscillations are small.
- String is massless.
- Bob is treated as a point mass.
- Air resistance is neglected.

23. Energy Variation

At Mean Position

- Velocity = Maximum
- Kinetic Energy = Maximum
- Potential Energy = Zero

At Extreme Position

- Velocity = Zero
- Potential Energy = Maximum
- Kinetic Energy = Zero

Exam Tips

☐ SHM Important Formula

$$a = -\omega^2 x$$

- ☐ Negative Sign→Acceleration Towards Mean Position
- ☐ If Time Period given, then find ω
- ☐ Total Energy→ **Constant**
- ☐ Mean Position→**Speed greatest**
- ☐ Extreme Position →**Acceleration greatest**
- ☐ Simple Pendulum→Time Period depends on **Mass**